

# LEAGUE LINES



Fall 2019

**LEAGUE FOR  
ANIMAL WELFARE**



*Choose No-Kill. Choose the League.*

## DAFFY'S STORY: FINDING HER NEW LIFE OUTSIDE THE LEAGUE

### Volunteer gives senior cat a second chapter

**F**or Hannah Marshall, volunteering at the League has long been a family affair. "For my 12th birthday, instead of a present, I begged my parents to take me to cat orientation," she says. "They did, and very quickly we fell in love with the League."

But Hannah didn't fall in love with just the League. "I would volunteer after school a lot when I was in high school," she says, "and I would sit with Daffy for the longest time every time, because she was a lap cat and she always seemed excited to see me."

During Hannah's middle- and high-school years, volunteering at the League had become a regular labor of

love for the Marshalls, with both her parents and sisters helping out. In fact, the Marshalls adopted no fewer than three cats during this time, bringing them to their forever home with the family in Amelia.

But it would be a few more years — which for Hannah included college at the University of Cincinnati and an apartment in Clifton — before Daffy would officially find her home.

#### **Daffy's special charm**

In spite of the dedicated efforts of staff and volunteers, life can be tough for older cats in shelters. Statistically, they are less likely to be adopted, and during springtime

## UPCOMING EVENTS: SEPTEMBER 2019 - NOVEMBER 2019

Saturday, Sept. 3, Oct. 5, Nov. 2

### Adoption Event

**WHEN:** 12:00 p.m.–3:00 p.m.

#### WHERE

Petco Hyde Park  
3880 S. Paxton Ave.  
Cincinnati, OH 45209

Sunday, Sept. 8, Nov. 10

### Adoption Event

**WHEN:** 12:00 p.m.–3:00 p.m.

#### WHERE

Petco Amelia  
260 W. Main St.  
Amelia, OH 45102

Saturday, Sept. 14

### Pump for Pups Fundraiser

**WHEN:** 11:30 p.m.–2:30 p.m.

#### HOSTED BY

360 Fitness at Braxton Brewery  
27 W 7th St.  
Covington, KY 41011

Saturday, Sept. 14

### FWD Fest Fundraiser

**WHEN:** 6:00 p.m.–10:00 p.m.

#### HOSTED BY

Mad Frog  
1 E. McMillan  
Cincinnati, OH 45219

Sunday, Sept. 22

### Adoption Event

**WHEN:** 12:00 p.m.–3:00 p.m.

#### WHERE

Earthwise Pets  
11328 Montgomery Rd.  
Cincinnati, OH 45249

Saturday, Sept. 28, Oct. 26, Nov. 23

### Adoption Event

**WHEN:** 12:00 p.m.–3:00 p.m.

#### WHERE

Pet Supplies Plus  
11345 Montgomery Rd.  
Cincinnati, OH 45249

Saturday, Oct. 12

### Adoption Event

**WHEN:** 12:00 p.m.–4:00 p.m.

#### WHERE

Burger Farms  
7849 Main St. (Rt 32)  
Cincinnati, OH 45244

Sat., Oct. 18 | Sun., Oct. 20

### Adoption Event

**WHEN:** 12:00 p.m.–3:00 p.m.

#### WHERE

Coney Island  
6201 Kellogg Ave.  
Cincinnati, OH

Sunday, Oct. 27

### Fundraiser

**WHEN:** 10:00 p.m.–12:30 p.m.

#### WHERE

Trilogy Fitness Fundraiser  
5515 Fair Ln.  
Cincinnati, OH 45227

Friday, Nov. 1

### Fundraiser

**WHEN:** 6:30 p.m.–10:30 p.m.

#### WHERE

Wine & Whiskers Gala  
The Transcept  
1205 Elm St.  
Cincinnati, OH 45202

Tickets available at [winewhiskers.eventbrite.com](http://winewhiskers.eventbrite.com)



Sunday, Nov. 3

### Adoption Event

**WHEN:** 12:00 p.m.–3:00 p.m.

#### WHERE

City BBQ  
878 Eastgate N. Dr.  
Cincinnati, OH 45245

+ dine & donate all day long!

## About Us

The League for Animal Welfare is a 501(c)(3) organization. Our mission is to reduce the number of homeless cats and dogs in Greater Cincinnati by providing a compassionate no-kill animal shelter and programs that promote responsible pet care. For your privacy, the League does not sell, rent, lend or exchange its mailing lists. Please notify us if you do not wish to receive future mailings and/or fundraising communications designed to support the League for Animal Welfare by calling 513-752-0292 or emailing [autumn@LFAW.org](mailto:autumn@LFAW.org).

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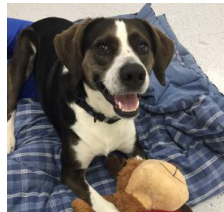
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Monday	12:00 p.m.–7:00 p.m.
Tuesday	12:00 p.m.–5:00 p.m.
Wednesday	12:00 p.m.–7:00 p.m.
Thursday	Closed
Friday–Saturday	11:00 a.m.–5:00 p.m.
Sunday	12:00 p.m.–5:00 p.m.

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## ADOPT ME



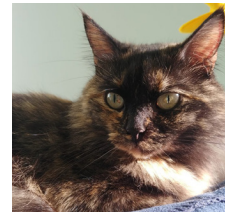
### Gino

EBOD 3/24/15

This handsome hound mix has lots of love to give! Gino loves people and

cats (yep, cats!) but can be selective with other dogs. Daily walks and playtime will make him one happy pup!

View all the cats and dogs available for adoption at [LFAW.org/adopt](http://LFAW.org/adopt)



### Kimono

EDOB 6/2/15

A quiet beauty, Kimono can often be found curled up in a box or soaking up sun

rays through a window. She's longing for a calm home and is willing to share it with some feline companions.

## NEWS



## Spare change saves lives

The simple act of dropping a few coins into a donation box at local retailers can provide homeless animals the lives they deserve! We are grateful for the following businesses who have graciously made space on their counters for one of our boxes: Country Fresh on Beechmont, Earthwise Pets in Harper's Point, Everything Bagels in Eastgate, Pet Supplies Plus in Harper's Point, Shear Pawfection in Mainville and Roney's in Milford. If you know a store that might be willing to participate in our donation box program, please contact [Autumn@LFAW.org](mailto:Autumn@LFAW.org).



# Ask the Vet: Dog Obesity



**P**oliticians may like “fat cats,” but nobody wants a fat dog. Yet obesity in dogs is a (pardon the pun) growing problem nationwide.

It is estimated that more than 50% of all dogs are overweight or obese. But ask a dog parent if his or her dog is among them and, according to DVM360.com, 95% of respondents say “No, not my dog.”

The very real costs of canine obesity come in two forms: financial and medical. The tab for health issues related to obesity in dogs runs to \$200 million or more annually, as health issues ranging from diabetes to heart disease and cancer take their toll on our canine companions.

With all of this in mind, we asked the League’s on-staff veterinarian, Dr. Michael Crago, to give us his views on the problems related to obesity in dogs and what can be done to prevent or address these issues.

## **How can we tell if a dog is overweight or obese, and what is the difference between the two?**

I recommend using the Purina Body Condition Score nine-point system (BCS). It provides guidelines on what a dog or cat should look and feel like. Every point above five on the scale represents an additional 10% of body weight beyond the ideal. Dogs are typically considered obese when they are more than 25% overweight.

## **Why are we talking just about dogs, isn’t this is a problem in cats as well?**

The adverse effects are more obvious in dogs. Plus the BCS scoring can be trickier in cats.

## **Are there specific dog breeds that tend to gain weight more easily?**

There is an increased risk for some small breed dogs, like Pugs and Dachshunds, but that’s due more to over-feeding and lack of exercise. And some larger breeds, such as Bassett Hounds and Rottweilers, gain weight more easily due to genetically slower metabolisms.

## **What are the health issues that can result from a pet being overweight or obese?**

Diabetes and arthritis are the top two concerns. Compared to humans, regulating blood sugar in diabetic cats and dogs is much more challenging. And extra weight can lead to ACL damage, hip dysplasia, spinal disc disease, osteoarthritis, skin infections, breathing issues, thyroid and cardiovascular diseases.

## **What should we be doing to prevent obesity problems in our pets?**

Monitoring BCS monthly is important because their metabolism is going to change as they grow, when spayed or neutered, with the temperature, and with how much activity there is. Feed only the amount of food your pet needs to maintain their ideal body condition score, and be mindful that snacks can add a lot of calories quickly.

## **If you encounter a dog that already is overweight, what do you recommend?**

First, talk with your veterinarian to make sure there is not another underlying health issue. Assuming they are otherwise healthy, I would recommend decreasing the calories consumed and increasing the calories used. In human terms: diet and exercise.

## **Are dog foods labeled “reduced calorie” or anything similar a good option?**

Maybe, but reduced calorie foods generally replace quality protein and carbohydrates, which your dog needs, with extra fiber, which doesn’t provide nutritional benefits. They may help with dogs less than 20% overweight or dogs who are prone to being overweight, but it’s really nothing you can’t do through portion control.

## **Any other thoughts on how we can better ensure we’re doing the right things for our canine companions?**

There is no miracle scheme for weight loss; it takes time and hard work. The goal should be about 1% body weight loss per week, but absolute weight is not the real goal — the goal is an ideal body condition score. Keeping your pet active and at a healthy weight will not only help him live longer, but will also strengthen the human-animal bond. 🐾



— when shelters swell with litters of kittens — it can be even tougher for seniors to catch the eye of prospective adopters.

Not that Daffy didn't have her own special charm. A petite nine-year-old shorthair mix with alert green eyes, Daffy was affectionate and playful, and had become a favorite among League staff and volunteers alike. But with her time at two years and counting, Daffy had been at the League longer than most.

### Timing is everything

As a UC student, Hannah had decided to take the step of moving out of her parents' home to an apartment on Ludlow Ave. in Clifton. It was a blustery February when she moved into her new place, just down the hill from campus. She had always had cats growing up, and "for the two months that I was living without any cats, I went a little crazy," she says.

"I had always wanted to adopt Daffy, because she was my favorite cat in the shelter, and she had been there so long," Hannah added. "I got lucky that she was still there when I was ready to adopt."

It would be just one more month before the timing was right, roommates were settled, her lease was finalized, and Daffy could finally come to her forever home.

### A day in the life of Daffy

Today, Daffy starts her days with a new routine. "She knows when everyone wakes up, and will tap my face as soon as my alarm goes off," Hannah says, "because she knows the first thing I do is fill up her food bowls." After a taste of left-over cream cheese from Hannah's morning bagel, Daffy will take up her favorite, sunny spot on the window ledge with the "prime view," where she watches the squirrels, birds and neighborhood dogs.

Says Hannah of her adoption experience with Daffy and the League: "I would suggest that people adopt older cats more. They have much more personality, and watching them become happy in your home is beautiful." 🐾



### They All Deserve Homes

Help senior animals like Daffy who get overlooked, extending the wait for a forever home. Make a gift today at [LFAW.org/donate](https://LFAW.org/donate). 🐾

# Gifts Made in Support

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**Maxi**  
Pet Wellness Group

**Maxie MacFarland**  
Park Plaza Animal Hospital

**Mikey**  
Pet Wellness Group

**Milo Mullis**  
Park Plaza Animal Hospital

**Missy Couch**  
Park Plaza Animal Hospital

**Neville**  
Pet Wellness Group

**Nina**  
Camargo Animal Hospital

**Obi**  
Pet Wellness Group

**Oni**  
Pet Wellness Group

**Oreo**  
Karen Friedman

**Panda**  
Pet Wellness Group

**PJ Goins**  
Park Plaza Animal Hospital

**Plum**  
Margie & Max Kneer

**Pudge**  
Bob Riley

**Putica Spadlin**  
Karen Spradlin

**Riley**  
Camargo Animal Hospital

**Roman**  
Dan Geisler

**Roxy Merman**  
Park Plaza Animal Hospital

**Rudy**  
Pet Wellness Group

**Sadie Wilson**  
Park Plaza Animal Hospital

**Sadie**  
Pet Wellness Group

**Salem**  
Pet Wellness Group

**Sally**  
Don & Janis Linville

**Samden**  
Pet Wellness Group

**Sampson Elliot Paul**  
Kristen Paul-Dunniho

**Sampson and Blue Phares**  
Katie Phares

**Sandy**  
Pet Wellness Group

**Shadow**  
Camargo Animal Hospital

**Shep**  
Pet Wellness Group

**Sherman**  
Kelly Lutz

**Simmer**  
Pet Wellness Group

**Smokey**  
Camargo Animal Hospital

**Sophie**  
Pet Wellness Group

**Sophie Stewart**  
Teresa Conway

**Sparky**  
Linda Osborne

**Star**  
Pet Wellness Group

**Starla and Sophie**  
Sherry Case

**Summer**  
Pet Wellness Group

**Sylvester Coogan**  
Pet Wellness Group

**Sylvester Krebs**  
Pet Wellness Group

**Tanner**  
Christopher & Susan Meyer

**Tiger**  
Camargo Animal Hospital

**Tigger**  
Pet Wellness Group

**Tink Rayl**  
Kenyon & Jamie Broadbent

**Tobias Knight**  
Park Plaza Animal Hospital

**Tug**  
Michael & Jane Ferone

**Ty**  
Pet Wellness Group

**Virginia**  
Teresa Conway

**Zoey Meyer**  
Park Plaza Animal Hospital

## VOLUNTEER CORNER: Many opportunities to help

League volunteers make sure our adoptable dogs get plenty of enrichment opportunities outside of the shelter, from hikes and 5Ks to kayaking trips. If this sounds like a fun way to spend your time, call 513-735-2299 and sign up for volunteer orientation. 🐾



# Donor Profile:

Q&A with Gary and Gale Proctor

**C**ountless animals have been helped through the generosity of Gary and Gale Proctor. As long-time donors, they have also volunteered their time working with the animals, helping at special events, and performing repairs in the League's shelter. Gale also served on the League's board. Gale shared a little about how supporting the League aligns with their desire to help homeless animals.

## What role have pets played in your life?

My parents had a dog before I was born so I have never lived a day in my life without a pet and can't imagine not having one. Our pets have taught me a lot about life, living, enjoying every moment and being happy with the simple things. I recently had a serious surgery and before I went to the hospital, I left a note on my husband's pillow about

*"I could see the animals were well cared for and the staff was friendly and helpful. I was hooked. This was an animal shelter I could embrace!"*

us, our family, and, of course, our pets. Our pets are, and always will be, on the short list of what is important to me and that will never change.

## How did you first hear about the League?

Many years ago, I was at a business on Ohio Pike, and there was a group of people in the lobby with cats and dogs from the League. They encouraged me to visit the shelter and I eventually did. At that time, the League was on Heitman

Lane. I could see the animals were well cared for and the staff was friendly and helpful. I was hooked. This was an animal shelter I could embrace!

## Why did you choose to support the League?

The League is the best animal shelter I have encountered. I have sent friends and family



Gale and Cookie

there to adopt, and they have been impressed with the facility and staff. I also appreciate the League's motivation to grow and change in order to improve the lives of animals. I'm proud to support this organization!

## How do you feel when you make a gift to the League?

Giving to the League is important to me. It's my way of helping animals in our community. Homeless dogs and cats receive the care and training they need to be adoptable. When I visit and see female dogs or cats at the shelter with their young, I am so thankful for the League. What would have happened to these mothers and their babies? I know my gifts to the League make a better life for animals in our community.



Gary and Tinker

## If your pets could talk, what do you think they would say?

We have a 15-year-old dog and 2 cats. They are all very spoiled, and I laugh when I think about what they would say. Seriously, however, our pets can sense our moods. They know when we're a little down and not feeling well. So I think they would encourage us with words and tell us everything is going to be alright. 🐾



Tori

## LASTING GIFTS OF LOVE

**A** legacy gift is an opportunity to ensure that the values you hold dear – love and kindness towards animals – continue to live on. Legacy gifts can be made by naming the League as a beneficiary in wills, insurance policies, IRAs, and more. These types of gifts are powerful ways to help us fulfill our mission well into the future.

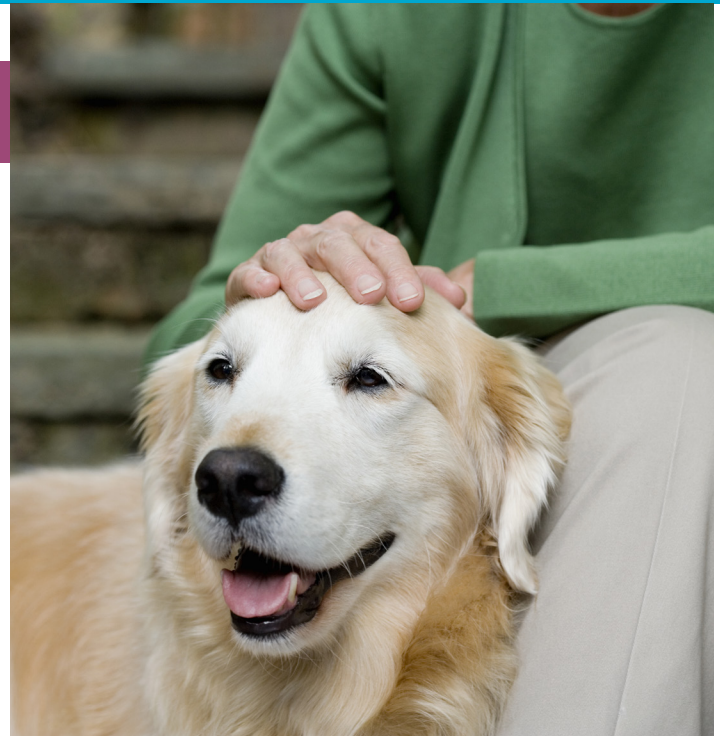
People from all walks of life and all income levels can think beyond their lifespan and leave a legacy of love for homeless pets. Planned giving can take many forms, but all share the unique characteristic that they allow you to ultimately donate more to help save the lives of animals than you may have ever thought possible, while retaining the flexibility to donate conservatively during the course of your lifetime.

### A planned gift can be:

- A gift or “bequest” from your Will or Trust
- Naming the League a beneficiary of your Retirement Plan (IRA)
- Naming the League a beneficiary of a Life Insurance Policy
- Naming the League a beneficiary of a savings, checking, brokerage or other transfer on death account (TOD)

Each of these gifts will allow you to enjoy specific tax advantages as well, so we always recommend that you discuss your personal financial plan with a professional advisor.

Beneficiary designations are simple to do and do not require a will to accomplish. Ask your plan administrator (bank, insurance company, etc.) for the appropriate form to sign.



We encourage pet lovers who have made a planned gift to the League to let us know so we can formally welcome you into the League’s 1949 Legacy Society. As a society member, you have the opportunity to make a lasting gift of love to help homeless animals in our community. 🐾

### SAMPLE BEQUEST LANGUAGE:

“I give or bequeath to the League for Animal Welfare, located in Batavia, Ohio, the sum of \$\_\_\_ [or \_\_\_% of my estate], for the League’s general purpose.”



### Learn More

Contact the League’s executive director, Marilyn Goodrich, at 513-735-2299 x207. 🐾

*Easy ways  
to help*

These programs raise thousands of much-needed dollars each year to help the homeless animals in our shelter. Remember to select the League as your charity of choice!



**amazon**smile  
You Shop. Amazon Gives.



Construction is scheduled to be complete in September. Join us at an open house and dedication ceremony on Saturday, October 5 from 1:00-4:00 pm.



April 28, 2019



May 22, 2019



June 17, 2019



July 26, 2019



August 12, 2019



### Support the Clinic

Purchase a commemorative paver as an enduring tribute to your love of animals. Order online at [bit.ly/LFAWpavers](http://bit.ly/LFAWpavers). 🐾



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# Masquerade Gala

**November 1st, 2019 ● 6:30-10:30pm ● Tickets: \$75/person**  
**The Transept 1205 Elm St Cincinnati, OH 45202**

**Cocktail Buffet, Open Bar, Live Music, Silent Auction & More!**

**Purchase Tickets via Eventbrite at**  
**<https://winewhiskers.eventbrite.com>**